



Biggest Loser Competition

Partner with other people to lose weight in a fun, competitive environment with the support of team members who share common goals.

The competition will last for 12 weeks beginning February 2010 and ending April 2010.

Participants will be divided into two teams. Each team will have a Loser coach.

There will be weigh-in days, competitive team challenges, individualized program design, nutrition counseling, plus 24 hour access to the gym!

Prizes will be awarded to the overall Biggest Loser and to the team with the most accumulated points.

\$259.00 per member

\$449.00 per non-member

**Come see if you have what it takes
to be *the biggest loser!!***

**Do you
have a
serious
goal to
lose
weight
and
change
your life?**

Save 10%
when 3 or more
sign up together



110 Vista Centre Drive #8
Forest, VA 24551
Phone: (434) 385-4900

www.healthylfc.com